

The graphic features a light blue background with the title 'CANADIAN SKI CHALLENGE' at the top. 'CANADIAN' is in large, bold, dark blue letters, while 'SKI CHALLENGE' is in orange. Below the title is a collage of six photos: a skier on a trail, two people on a snowy path, a skier in a snowy field, a person in front of a yellow building, a group of skiers on a trail, and a person holding a blue race bib with the number 2437. In the center of the collage is the logo for 'Organisé par CANADIAN SKI MARATHON CANADIEN DE SKI', which includes a stylized 'M' and 'S' in a blue circle. At the bottom of the graphic is an orange banner with the text 'January 1st to March 25th, 2026' and '— skichallenge.ca —' in white.

CANADIAN
SKI CHALLENGE

Organisé par
CANADIAN SKI
MARATHON
CANADIEN DE SKI

January 1st to March 25th, 2026
— skichallenge.ca —

Welcome to the 2026 Canadian Ski Challenge!

Thank you for registering for the Canadian Ski Challenge (CSC)! This event has been specially created to allow skiers from anywhere in the world to create their own personalised ski challenge. You can ski as much or as little as you like, wherever you are, from **January 1 to March 25, 2026**.

There are **no classifications, no categories, and no restrictions; only prizes** – you can ski any 15 km ski trail as many times as you like accumulating ski outings to earn prizes. For **youth under 14 years of age**, the minimum outings are only 2 km instead of 15 km.

If you want to experience the CSM for yourself, we really hope to see you in person at the Canadian Ski Marathon in February 2026!

CANADIAN SKI CHALLENGE

Registration - \$49; Free for children under 14 years

Easy to participate with three challenge levels suitable for everyone. All prizes will be calculated at the end of March with awards issued in April 2026

Blizzard Prize

1 x 15KM = Bronze Blizzard
5 x 15KM = Silver Blizzard
10 x 15KM = Blizzard gold

- Each outing of 15km+ represents an approximate CSM section
- Accumulate as many sections throughout the season
- Outings of 30km+ count as 2 sections, 45km+ count as 3 sections, etc.



Nordic Prize

1 x 50KM = Nordic bronze
2 x 50KM = Nordic silver
3 x 50KM = Nordic gold

- Each outing of 50km+ represents an approximate CSM Half-Marathon day.
- Accumulate as many long distance half-marathons throughout the season



Jack Rabbit Prize

Total distance of 300 KM

- Ski a total distance of 300km throughout your season to earn the Jackrabbit Prize



Special Youth Category

Background - CSC 15km minimum ski outing may be too challenging for children

Goal - Boost youth engagement

Details

- For all CSC participants under 14 yrs old
- Minimum 2 km ski outings
- Accumulation of ski outings (min 2 km) between Jan 1 - March 25

CSC Prizes

○ Blizzard Prize

- 1 x 2 km = Bronze Blizzard
- 5 x 2 km = Silver Blizzard
- 10 x 2 km = Gold Blizzard



○ Nordic Prize

- 1 x 10 km = Nordic Bronze
- 2 x 10 km = Nordic Silver ■ 3 x 10 km = Nordic Gold



○ Jack Rabbit Prize

- Total distance of 50 km



Challenge Hound will once again be used to record all ski outings.

Please follow the link and instructions provided in an email shortly after registration to join the challenge level for you.

- Live dashboard to motivate skiers from around the world using Canadian Ski Marathon maps as a guide
- Record all activities for each prize
- Automatically syncs activities with main activity tracking apps (Strava, Garmin, etc).
- Allows for manual entry of activities using the honour system
- Simplified way to issue award

Prix Blizzard Prize - 15km



Each 15km ski outing represents an approximate section of the Canadian Ski Marathon.

1 x 15 km section - Bronze Blizzard Prize.
5 x 15 km sections - Silver Blizzard Prize
10 x 15 km sections - Gold Blizzard Prize

Prix Jackrabbit Prize
Ski 300km in total

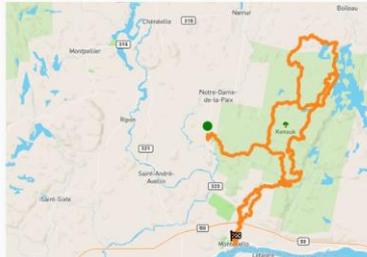
Note - Outings of more than 30km represent 2 sections, more than 45km represent 3 section, etc.

Show Less

dashboard | activities | feed Admin edit | join | part

Jan 1, 2024 → Mar 25, 2024 @
12:00 AM 11:59 PM

Individual Challenge
Nordic Ski as much as possible in 85 days
Each activity must be 15.00 kilometers or greater to qualify.



Prix Nordic Prize - 50km



Each 50km ski outing represents an approximate half-marathon section of the Canadian Ski Marathon.

1 x 50 km section - Bronze Nordic Prize.
3 x 50 km sections - Silver Nordic Prize
5 x 50 km sections - Gold Nordic Prize

Prix Jackrabbit Prize
Ski 300km in total

dashboard | activities | feed Admin edit | join | participants | invite | clone

Jan 1, 2024 → Mar 26, 2024 @
12:00 AM 12:00 AM

13
Days Until Challenge Starts

Individual Challenge
Nordic Ski as much as possible in 85 days
Each activity must be 50.00 kilometers or greater to qualify.



CANADIAN SKI CHALLENGE

During the Challenge - Hints and tips to plan your ski.

Ski anywhere

There is no requirement on the length or difficulty of your chosen trail. You may choose as easy or difficult a trail as you feel comfortable with - you can combine multiple loops, go back and forth, ski a single trail (or perform any combination) in order to achieve your required distance.

Looking for inspiration? Try the [CSM Official Training Trails](#) with many recommended ski trails in a variety of regions.



Share your experience

Please tag us in your social media posts, wherever you are skiing. We'd love to see photos of your ski centre, the trail, you and your friends @canskimarathon



The Canadian Ski Challenge is a personal challenge that you create yourself. We stress the importance of making sure that you are adequately prepared for your ski day.

This means

- Assessing your skiing abilities prior to the event, and selecting the appropriate distance and trail difficulty to those abilities;
- Ensuring your equipment is in proper working condition, and, if necessary, bringing appropriate repair equipment (along with the knowledge on how to use it properly);
- Wearing appropriate clothing to suit the climate and conditions in which you will be participating;
- Carrying enough food and water to sustain yourself during your event;
- Having a personal first-aid kit to treat small injuries you may sustain during the course of your event, and bringing a phone to contact emergency services should anything more serious occur;
- Avoid skiing alone, especially if you are using trails that are remote or have less skier traffic;
- Avoid skiing before sunrise and after sunset. Carry a head lamp just in case you finish later than planned;
- [Canadian Red Cross advice for winter activities](#); please visit this site if you need additional guidance prior to your event. You will also find basic information on frostbite on this site.
- **Informing non-participating contacts of your whereabouts on the days of your event, and your estimated time of return.**

Recreational Ski Gear

• **Boots:** most important. Right fit! Warm.

Skis: right flex for skier weight. Must be flex tested. Right length. Stability (wider) more important than lightness.

Bindings: fits the boot, simpler is better (not automatic; ice buildup can cause issues)

Wax: grip (green, blue, purple), scraper, cork, roll-on glide, wax a bit warmer – KEEP IT SIMPLE

Poles: right length (armpit) & strong

Daypack or large fanny pack: snacks, insulated drink bottle, wax, spare clothing, ...

For more information please visit our Canadian Ski Marathon [tips and tricks page](#).

CANADIAN SKI CHALLENGE

During your ski

You may be skiing in popular places, or have a trail all to yourself. In any case, proper trail etiquette is always to be followed.

Here are some guidelines that you can follow to ensure that everyone has a good day on the trail:

- Always buy a trail pass when skiing at a commercial center. Your trail fee helps pay for grooming and maintenance of the trails.
- When stopping, step off the trail to leave room for other skiers to pass.
- On double-tracked trails ski single-file except when overtaking.
- Avoid cutting off other skiers when entering trails or overtaking.
- Ski in the specified direction on one-way trails.
- Descending skiers have right-of-way on hills. Climbing skiers should move as far to the right of the trail as possible when oncoming skiers approach.
- Fill in sitzmarks (snow indentations made by a fallen skier) after falling on trails.
- Pack out any garbage that you have brought with you. Leave nothing but tracks, take nothing but pictures. (And take lots of pictures!)
- Avoid walking on ski trails--footprints decrease grip and glide.
- Skating on classically groomed trails will similarly disrupt the grip and glide of classic skiers.
- Leave your dog at home--dogs not only leave paw prints (and more unpleasant things) but can also cause an accident.
- Stick close to the trail--you may get lost or your tracks may lead other skiers astray.
- Respect private property. Some landowners are gracious enough to allow use of their land. Trespassers may cause this privilege to be revoked.